

MOUNTAIN VIEW PUBLIC LIBRARY PRESENTS

Sew by hand and machine



Make one to keep
or donate

Fidget Aprons

Fidget aprons can be used to soothe restless hands; they are particularly useful for people with Alzheimers, Autism, or ADHD

1. Make an apron
2. Add pockets
3. Add fun stuff

Learn/
Practice/
Show Off



Sat, Nov 9th, 1:30-5:30



Space is limited • Pre-registration is required:

<http://goo.gl/Ex6THh> or 650-903-6337

Info: emily.weak@mountainview.gov or 650-526-7020

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